

WE'RE IN THIS TOGETHER, ALASKA

REOPENING ALASKAN GYMS & FITNESS STUDIOS

Creating Your Mitigation Plan, Staff Training, Reopening
Resources, Local Guidelines, & Industry Best Practices



ALASKA REQUIREMENTS REOPENING GYMS & FITNESS STUDIOS



CREATE AND IMPLEMENT A
MITIGATION PLAN TO PREVENT THE
SPREAD OF COVID-19 BY USING
LOCAL & CDC RECOMMENDATIONS



KEEP YOUR OPERATION UP TO DATE
AS NEW INFORMATION BECOMES
AVAILABLE

Municipality
of Anchorage

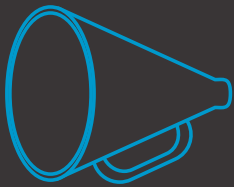
State of
Alaska

CDC
Guidance

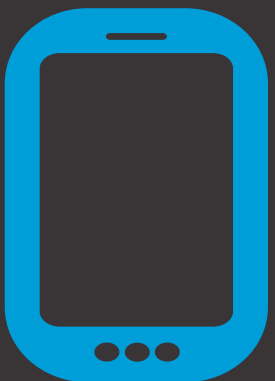
CREATE YOUR GYM/STUDIO MITIGATION PLAN



1. Reference state and local requirements.
2. Customize your operation to align with the newest requirements.
3. Train your staff to follow the latest requirements.
4. Post your mitigation plan and communicate with the public changes to your operation.



Tip: Communicate with your clients or members as often and through as many channels as possible. Facebook, Instagram, Google business page, your website, shop signage, email lists, and updated voicemail etc.



In your communication to clients/members, include:

- Safety changes to your operations
- Requirements for fitness classes or using equipment and facilities
- Hours of operation
- Address
- Phone number or website to contact customer service
- Website for general business info



COVID-19 STAFF TRAINING

SEE THE LINKS BELOW FOR RESOURCES USED TO TRAIN STAFF ON CLEANING, DISINFECTING, AND SAFETY PROTOCOLS.



[OSHA COVID-19 TRAINING GUIDANCE](#)



[OSHA COVID-19 TRAINING VIDEOS AVAILABLE IN ENGLISH AND SPANISH](#)



[YOGA ALLIANCE BEST PRACTICES FOR YOGA SCHOOLS, BUSINESSES, AND PROFESSIONALS](#)

Tip: It is highly recommended that all staff and independent contractors complete free training from a reputable source(s) and obtain their certificates of completion where applicable. Posting available certificates of completion, will enhance consumer confidence and may help you grow your business. If no certificates exist, be sure to communicate with your members/customers what steps you are taking to train your staff.





ADDITIONAL GYM & FITNESS STUDIO OPERATIONAL COVID-19 RESOURCES



- [Alaska Corporations, Businesses, and Professional Licensing Links for COVID guidance](#)
- [Anchorage Chamber Coronavirus Page](#)



- [CDC Deciding to reopen your business](#)
- [CDC Cleaning and Disinfecting Guidance](#)
- [Association of Fitness Studios Reopening Guidelines](#)
- [American Industrial Hygiene Association Reopening Guidance](#)



- [International Health, Racquet & Sportsclub Association Reopening Framework](#)